

# HOKOWHITU SCHOOL NEWSLETTER

Friday the 6<sup>th</sup> of December 2024

## Important Upcoming Events 2024

<b>10 December - 8.30am</b>	Coffee and muffin thank you to whānau who have generously supported us with sports, camps, EOTC excursions etc this year
<b>12 December 5pm</b>	Christmas carnival and prize giving, followed by the Year 6 graduation Children to be in full school uniform please
<b>13 December</b>	TKW and TKP celebration day
<b>13 December</b>	Reports, 2025 kete/teacher and stationery lists come home in school bags today
<b>16 December 1.45pm</b>	Transition visit into 2025 classes
<b>17 December</b>	TKM, TKA and TKT celebration days
<b>18 December 12.45pm</b>	<b>Classes finish for 2024 at 12.45pm</b>
<b>30 + 31 January</b>	Staff call back days
<b>31 January 1.30 - 2.30pm</b>	Informal 'meet and greet' in classrooms. Bring your stationery and sunhat, and come and say 'hi' to the teaching team
<b>Monday 3 February 8.50am</b>	School opens for 2025 - day 1 of Term 1

## Ways to Contact The Office When Your Child Will Be Late Or Sick

Email - [office@hokowhitu.school.nz](mailto:office@hokowhitu.school.nz)

Phone (You can also leave a voicemail) - 06 357 9667

App - See how to download the App below

<https://hokowhituprimary.apps.school.nz/>

School cell phone (you can ring or text this number) - 027 357 9021

*Please contact us as soon as you know your child will be late or is not coming to school as it can take a long time to contact everybody that doesn't contact us. We do this to ensure your child is safe and not a missing child. Please do not contact the teacher directly, they don't always see emails when they are teaching. Thank you.*



## **UPDATE FROM THE PRINCIPAL**

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Kia ora e te Whānau

Thanks for your patience over the week while Mr Cook has been working hard to get the pool well balanced and ready for action! This has now happened and the kete roster timetable is in place.

**Please send swimming gear in a waterproof bag daily, and we will get as much use out of the pool as possible from now.**

Water play won the most votes in this term's school wide strive competition. Lots of fun was had today with water related activities!



### **ROAD PATROLLER'S SERVICE RECOGNITION**

It was great that our road patrol squad was recognised this morning with a police escorted march on Broadway Avenue, followed by a movie at Downtown. Our patrollers do a fantastic job regardless of the weather. Albert Street is very busy and these ākongā need to make big decisions in a very short timeframe.

Sincere thanks to aPlus and whānau who supported this by providing transport and/or supervision.



## CHRISTMAS CARNIVAL AND PRIZE GIVING

The children and staff of Hokowhitu School  
Would like you to join us for our end of year celebration

### CHRISTMAS CARNIVAL

**Date: Thursday 12th December 2024**

**Time: 5.00pm – 7.00pm approximately**

#### Outline of the evening

**5.00pm Arrival / mingling / dinner (including dessert options)**

**6:00pm Prize Giving**

**7:00pm Conclusion**

**7:00pm Year 6 (only) Graduation/Farewell Ceremony**

**'Christmas Carnival' (No alcohol)**

**Food can be purchased from stalls or alternatively BYO**

**A wide range of yummy food will be on sale for dinner!**

**PLEASE BE AWARE THIS EVENT IS NOT SUITABLE FOR UNACCOMPANIED CHILDREN.**

This is next Thursday. Please ensure all Hokowhitu School ākonga are in full school uniform, ready for the prize giving section.

Stalls are **'cash only'** so please try to have smaller denominations of money.

There is **NO EFTPOS OPTION AVAILABLE!**

The food on offer is:

**Sausage sizzle - \$2.00**

**Beef burgers - \$4.00**

**Beef or Vegetarian Nachos, butter chicken, chicken sticks - all \$5.00**

**Sushi - \$7.00**

**Bottled water - \$1.00**

**Desserts are jelly, fudge, lolly cake, cupcakes - all \$2.00 each**

At 6pm we will commence our prize giving - recognising ākonga right across the school who have made outstanding progress/displayed our STRIVE values etc. We will also have performances from our choir, kapa haka and jump jam groups.

The evening will conclude by 7pm for everyone EXCEPT the Year 6 ākonga (and their whānau), who will move into the hall and celebrate with a graduation ceremony to honour our Year 6's as they prepare to embark on their journey to Intermediate schooling.

Wishing everyone a fantastic weekend.

Ngā mihi nui

Lin Dixon

# SPORTS

## SUMMER HOCKEY

**Hokowhitu Meerkats** - The Meerkats finished up the summer hockey season with a hard fought, but well deserved 4-0 victory over Cloverlea, with this result the team ended the season with 3 wins, 2 draws and only a single loss. All of the team members have shown a huge improvement with their fundamental skills and teamwork over the course of the season with some great defensive skills and stick skills shown by all in the final game. Kā pai team ! A special thanks is given to former Hokowhitu student **Lily A** for umpiring the teams games. See you all next year.



## SUMMER SOCCER

**Hokowhitu Monarchs** - It was another windy day down at Football. The Monarchs tried their hardest and played really well as a team but came away with a loss. Kā pai to **Evie** who was our player of the day. Kā Rawe Monarchs for a fantastic effort!!



**Hokowhitu Tornados** - Hokowhitu Tornados played Milson in our play-off game. It was goal for goal the whole game, with the full time result ending at 2-2. We went to a penalty shoot-out and won the game. The players, parents and coach were all so super excited! Kā pai team. Our players of the day were **Jaxon** and **Ted**, well done on your efforts.

**Coaches/Managers** - If you would like details in the newsletter, please email them to Jen Bates by Thursday - [office@hokowhitu.school.nz](mailto:office@hokowhitu.school.nz).



## Achievement Awards

### Te Kete Wakahuia

- Mizgine** - Well done for showing lots of enthusiasm during literacy learning. You love the letter characters.
- Alfie** - Kā pai Alfie. You tried so hard at our sports day and joined in all the activities with great enthusiasm.
- Reighleigh** - For fantastic listening and following of instructions.
- Eva** - For trying your best and showing enthusiasm on our fun sports day.
- Saanvika** - For trying your best and showing enthusiasm during our FUNdamentals sports day.
- Jack** - For making a right choice and choosing to play with someone else.
- Eli** - For showing perseverance during our fundamentals day. Tino pai.
- Everly** - For trying so hard in writing. Kā rawe!
- Zoe** - For your beautiful writing. Tino pai.
- Sia** - For working super hard in maths and persevering to answer tricky questions. Tino pai.
- Navya** - For having wonderful mat manners. Kā pai.
- Riley** - For working super hard in maths and persevering to answer tricky questions. Kā pai.
- Zayn** - For working super hard in maths and persevering with tricky questions. Kā pai.

### Te Kete Pounamu

- Sadie** - For supporting your peers at learning new things.
- Nikau** - For stepping up in fundamentals and never giving up!
- Maggie** - For adding 3 numbers together accurately!
- Asher** - For stepping up in fundamentals and never giving up!
- Liana** - For writing an amazing story about motorbikes.
- Nina** - For showing atawhai in our kete.
- James** - For stepping up in the kete and playground.
- Lucy** - For being a respectful member of TKP.

### Te Kete Manawa

- Lohan** - For showing excellent shot-put technique during athletics practice.
- Yuleena** - For fantastic compass direction mahi at maths workshop.
- Doha** - For working hard to listen to instructions during literacy.
- Junoo** - For being an on-task focused learner in literacy.
- Harley** - For stepping up (with crutches) to continue your learning at school.
- Paikea** - For showing atawhai towards others and offering to help.
- Jonah** - For working well with a partner using compass directions at maths workshop.
- James** - For sharing your Pokemon knowledge at buddy reading time.
- Isla H** - For being willing to identify where mistakes are made and correcting them next time in aths.





## Achievement Awards

### Te Kete Aronui

**Carlos** - For joining in class activities enthusiastically.

**Henry** - For improved book work.

**Mellany** - For great sportsmanship during our game of rounders.

**Isabella** - For showing STRIVE everyday. Kā pai!

**Max** - For great problem solving.

**Ranvir** - For stepping up and showing integrity when using your device.

**Ali** - For fantastic work in maths this week!

**Brodie** - For being engaged and enthusiastic in maths lessons.

**Freddie** - For amazing subtraction work in maths.

**Taylah** - For great digital problem solving.

**Skye** - For great digital problem solving.

### Te Kete Tangaroa

**Renee** - Having a great attitude in maths.

**Ava M** - For showing manawanui in maths.

**Harrison** - For being a great friend.

**Molly D** - For excellent presentation in all of her work books.

**Jacob** - For making a complex lego maze for others to try.

**Miles** - For making sure that people are sorting bike duty properly.

**Richard** - For having a can-do attitude towards everything.

**Titus** - Excellent work finding 10% and 20%.

**Daniel** - Quietly helping his school mates and being a wonderful leader.



## Community Notices

# aPlus School Holiday Programme, Summer 2024

## Hokowhitu School - 227 Albert St, PNth

**EXPLORERS GENERAL PROGRAMME \$30.00 per day (8.30am to 3.00pm)**

Book the week Mon 16th to Fri 20th December online at the school where you normally book Morning & ASC care.

Choose the special day listed "Holiday Programme at Hokowhitu School Only"

Mon 16th Dec	Tue 17th Dec	Wed 18th Dec	Thu 19th Dec	Fri 20th Dec
<b>SPIDER SPIDER</b> We are looking for spiders today. Not giant ones, just your ordinary ones!	<b>IN THE GARDEN</b> Dig a bit, plant some seeds, take home some pots to grow.	<b>BAG TAGS</b> Make the best bag tags around - make them for others or just for your bag!	<b>ROLLING ALONG</b> Let's start with some crafts, games and maybe a dip in the pool!!	<b>POMPIP</b> Sun is shining, let's get outside, sit under the trees and dream of lazy days..
Mon 23rd Dec	Tue 24th Dec	Wed 25th Dec	Thu 26th Dec	Fri 27th Dec
<b>BUBBLE TROUBLE 30.00</b> Take the bubbles to the pool! Can you make a bubble in a hula hoop?	<b>CHRISTMAS WORKSHOP 30.00</b> Elves, Stockings, Mugs - get out the brushes and paint and get busy with your last minute Christmas prep. Then a swim and an ice-block.	<b>CHRISTMAS DAY</b>  <b>PUBLIC HOLIDAY</b> Merry Christmas Everyone.	<b>BOXING DAY</b> <b>PUBLIC HOLIDAY</b>	<b>PICNIC IN THE PARK</b> Today we are taking the picnic mats to the park & eating delicious food!
Mon 30th Dec	Tue 31st Dec	Wed 1st Jan - General	Thu 2nd Jan - General	Fri 3rd Jan - General
<b>LUCKY CHARMS</b> Create lucky charms to keep in a treasure box for special occasions!	<b>UNDER THE C</b> Creating colourful collages, create cool games, eat popcorn and enjoy a movie!	<b>NEW YEARS DAY</b>  <b>PUBLIC HOLIDAY</b>	<b>PUBLIC HOLIDAY</b>	<b>FOREST SCAVENGER HUNT</b> A walk to the Friendly Forest to search for some missing pets—will you be the first to find them?

### SMALL FRY AGES 5-6 YEARS OLD. \$28.00 per day (8.30am to 3.00pm)

Mon 6th Jan	Tue 7th Jan	Wed 8th Jan	Thu 9th Jan	Fri 10th Jan
<b>JELLYFISH JOY</b> Make a super-duper mobile to take home, then in the pool for Fish Fish Shark	<b>TREASURE HUNT</b> Find the map and follow it to uncover hidden treasures in an outdoor hunt with friends.	<b>MAGNET ATTRACTION</b> Sparkly magnets, volleyball, limbo, swim, but watch out for the shark in the pool!!	<b>STARFISH</b> Shape, bake, paint - chase, throw and then dance!!	<b>ANIMAL SAFARI</b> Create wild animal masks & then off to the forest for a thrilling obstacle course
Mon 13th Jan	Tue 14th Jan	Wed 15th Jan	Thu 16th Jan	Fri 17th Jan
<b>ELEPHANT STOMP</b> Get wild & join the Elephants Stomp.	<b>PLANET PAINTERS</b> Get the meteor through the wormhole, chase the alien.	<b>CASTLES &amp; CROWNS</b> Build castles, crowns, jousting in the pool and Knights vs Dragons	<b>LEAF RUBBING</b> Everyone in the garden & forest to find the best leaves.	<b>KANGAROO HOP</b> Crocodile Crossing T-Ball, Kanga Hop, Boomer Swim
Mon 20th Jan	Tue 21st Jan	Wed 22nd Jan	Thu 23rd Jan	Fri 24th Jan
<b>WELLINGTON ANNIVERSARY</b> <b>PUBLIC HOLIDAY</b>	<b>THE STONE PIG</b> Stone's and pigs - the combination will rock your socks off.	<b>BIRD BUILDERS</b> Make a little birdhouse to take home in your garden!	<b>FAN TO KEEP COOL</b> Learn some origami, decorate Japanese fans and play Dragons Tail	<b>BELLY LAUGHS</b> If we don't make you laugh then you can choose a prize out of the bag!

**Programmes for the 27th January till the 31st January, 2025**

**refer to page 3 of this calendar.**

**This is coloured coded pale blue as Explorers General in Week 1.**

# aPlus School Holiday Programme, Summer 2024/25

Hokowhitu School - 227 Albert St, PNth



**HOLIDAY FUN 7 YEARS & UP \$32.50 per day (8.30am to 3.00pm)**

Mon 6th Jan	Tue 7th Jan	Wed 8th Jan	Thu 9th Jan	Fri 10th Jan
<b>SUPERPOWER OBS COURSE</b> Show off your super skills in this exciting obstacle course.	<b>RULE THE POOL</b> Build a series of floating objects and rule the pool. Get in the pool to test for floatability.	<b>SPAGHETTI TOWERS</b> Build the tallest structure using spaghetti and marshmallows, then let's make smores!	<b>MARBLE RUN MANIA</b> Build a twisting marble track from cardboard and watch the marbles roll!	<b>HOVERCRAFT</b> What can we do with a pack of CD's and a balloon! Hmmm!!
Mon 13th Jan	Tue 14th Jan	Wed 15th Jan	Thu 16th Jan	Fri 17th Jan
<b>UPSIDE DOWN PAINTING</b> Get under the desk and grab a brush - you are painting upside down, not on the desk, ON PAPER!!	<b>WACKY HAT DAY</b> Design wild and crazy hats, then show them off in a parade at lunchtime - everyone votes for the best hat!	<b>WET AND WILD</b> Dodgeball, Balloon Blast, Slippery Slides, Ice challenge! Bring an extra towel.	<b>AQUARIUM IN A JAR</b> Create an aquarium in a jar, toss in some glitter, tiny sea creatures- what is that shark doing in there?	<b>SCOOP AND DIP</b> Create your own scoop and dip game - then take it to the pool to play!
Mon 20th Jan	Tue 21st Jan	Wed 22nd Jan	Thu 23rd Jan	Fri 24th Jan
<b>WELLINGTON ANNIVERSARY PUBLIC HOLIDAY</b>	<b>WOBBLY BOBBLY</b> Build a Wobbly Bobby and get rocking and rolling!	<b>ZOMBIE CAT AND FRIENDS</b> Take the Zombie Cat and his friends to the nearest shoe box and shut them in quick!	<b>CURLY WURLY</b> Throw the dice and find out what your Curly Wurlly is going to look like.	<b>RAG BAG</b> Truly we have a rag bag of material, stripes, circles, squares, what can you make?

**EXPLORERS - 7 YEARS & UP .....From \$30.00 per day (8.30am to 3.00pm)**

Mon 15th Jan	Tue 16th Jan	Wed 17th Jan	Thu 18th Jan	Fri 19th Jan
<b>DOUGHNUT DAY</b> Making doughnuts, the edible kind and the bath time kind!	<b>MOVIES MOVIES MOVIES</b> Snacks, Drink, we are off to the Movies - then lunch in the park and a swim!	<b>GREEN BEANS</b> Amongst the piles of cool junk you will find pieces that enable you to make a masterpiece!! Let's all be Green Human Beans	<b>TE MANAWA - WHARE TOI</b> We are going to Whare Toi, the Art Gallery. See the exhibits & come back to try out some new art with Anya!	<b>UP PERISCOPE</b> Today we are going to make our own periscopes - what will you be able to see over the fence?
Mon 22nd Jan	Tue 23rd Jan	Wed 24th Jan	Thu 25th Jan	Fri 26th Jan
<b>WELLINGTON ANNIVERSARY PUBLIC HOLIDAY</b>	<b>SUNSHINE CITY</b> The sun shines through the city throwing rainbow colours everywhere! Create your own sun shine city!	<b>SCRAFFITO</b> Scratch it to reveal the colours underneath. Then it's T Ball and a Swim!	<b>TIE DYE EVERYTHING</b> Hats, pillow cases, socks - you name it and we are going to tie dye it!	<b>HANG IN THERE</b> Accept the challenge and use teamwork to get you to the end - the key is teamwork!!

**AWATEA 9 YEARS & UP From \$42.00 per day (8.30am to 3.00pm)**

Mon 15th Jan	Tue 16th Jan	Wed 17th Jan	Thu 18th Jan	Fri 19th Jan
<b>SURVIVAL GAMES</b> Every decision your team makes will have an impact on their survival!	<b>MOVIES MOVIES MOVIES</b> Snacks, Drink, we are off to the Movies - then lunch in the park and a swim!	<b>PHOTO JOURNAL</b> Today you are creating a photo journal - we have costumes and ideas galore!	<b>TE MANAWA - WHARE TOI</b> We are going to Whare Toi, the Art Gallery. See the exhibits & come back to try out some new art with Anya!	<b>DRIP PAINTING</b> Drip paint beautiful vases and build a GIANT Volcano!
Mon 22nd Jan	Tue 23rd Jan	Wed 24th Jan	Thu 25th Jan	Fri 26th Jan
<b>WELLINGTON ANNIVERSARY PUBLIC HOLIDAY</b>	<b>SUMMER POOL PARTY</b> The pool is all yours today - water balloon volley ball, paddle boats and grab a ball for fun!	<b>PIE MAKING</b> You will enter into a pie baking competition. You choose the flavour from the ingredients provided and then let's see who makes the best pie!	<b>THE CAVE</b> Virtual Reality Experiences + VR Escape Rooms + Racing Simulators Solo   Multiplayer	<b>TIE DYE EVERYTHING</b> Hats, pillow cases, socks - you name it and we are going to tie dye it!



# EXPLORERS GENERAL PROGRAMME \$30.00 per day (8.30am to 3.00pm)

Some last minute Fun before the children go back to school for 2025

Book at [aplus.kiwi.nz](http://aplus.kiwi.nz)

Mon 27th Jan	Tue 28th Jan	Wed 22nd Jan	Thu 30th Jan	Fri 31st Jan
<b>SHATTERED</b> Old plates made anew with grout and shattered china. Have a smashing time with us today!!!	<b>WHITE STONE ART</b> Beautiful white stones made into beautiful art - then we challenge you to a game of Rob the Nest!! All In!!	<b>3D MACAW</b> Hang it on your wall at home, upside down if you like, but don't miss out on the final days of the school holidays!	<b>WHEELS DAY</b> Bring your wheels today. There is an obstacle course for bikes and scooters and a quiet amble on the turf.	<b>FESTIVAL OF FUN</b> Leaders vs Kids - Soccer Paddle Boats Sausage Sizzle - Drink - Face Painting



## aPlus offers the following School Holiday Programmes:

### Explorers General - All Ages

The aPlus Explorers General programme days when we combine all groups together usually at the beginning or end of a holiday period.

#### Explorers:

The aPlus Explorers programme is a mixture of centre-based activities (Stay and Play), and excursions (Out and About), for children **7 years and up**. This programme offers a chance for children to experience out and about activities or to have special guests come into the centre to see them.

### Holiday Fun

The aPlus Holiday Fun programme is a centre-based programme for children aged **7 years and up**. Children experience the camaraderie of peers they will be with most days. They will be involved in simple cooking, building, art experimentation, sports and games, physical literacy, and teamwork problem solving.

### The Small Fry Programme at aPlus -

Small Fry is the aPlus Holiday centre-based programme for **5 & 6 year old** children. The programme is planned and paced for this age group and gives the younger children the opportunity to flourish in the programme without having to compete or try keep up with their older peers. The children will be able to have morning tea and lunch with their older peers and when they turn 7 they will be able to go to the Explorers or Holiday Fun programme.

### Awatea

Awatea is the aPlus programme for ages **9 years and up**. There is a mix of adventure-based activities (e.g. paintball), excursions (e.g. Ten Pin Bowling, Escape Rooms), sports (e.g. Ultimate Frisbee), and challenge (e.g. Shop, Cook,

**What to bring to aPlus** - Morning Tea, Lunch, Hat, Warm jumper, Imagination, Sunscreen, Rash Shirt

**What to leave at home** - Toys, Phones, Devices, Best Clothes, the Grumps

**Lunch Note for Parents/Caregivers** - If you are sending noodles for lunch, we will do all packets of noodles of same flavour in a pot together.

Doing the noodles packet by packet takes too long for hungry children. Just fill out the **Heat and Eat** form at Sign In, so we know what noodles your child has brought with them for lunch. We thank you and the hungry children thank you!!!

**Zero Tolerance Policy** - Please make sure to take a copy of our ZT Policy, we wish to ensure that ALL children have a great time at aPlus, that they are ALL safe and relaxed, and able to connect with staff and other children - having confidence to make those connections in a peaceful environment!

**Regional Manager:** - Kevin Hill

**Office:** - 06 357 5583

**Email:** [kevin@aplus.kiwi.nz](mailto:kevin@aplus.kiwi.nz)



**Marist**  
Junior Cricket Club

2025  
SEASON

# KIWI CRICKET

**Year 1/5 Marist Kiwi Cricket**

Kiwi cricket for girls & boys from year 1/5 played at the Hockey Turf Monday's from Jan 2025 go into the draw to win a cricket bat if you bring a friend, there will be Coaches on hand & no gear required, Mum & Dad can have a coffee and food at the Hockey cafe.

**FREE**

**To Register email [juniorcricket@maristsports.co.nz](mailto:juniorcricket@maristsports.co.nz)**

For Information contact us | [juniorcricket@maristsports.co.nz](mailto:juniorcricket@maristsports.co.nz) | Tony 021 434 860



## Travelling overseas soon?

You must do a  
**New Zealand Traveller Declaration**  
when you come back.

**[TravellerDeclaration.govt.nz](https://travellerdeclaration.govt.nz)**

**Te Kāwanatanga o Aotearoa**  
New Zealand Government

**New Zealand  
Traveller  
Declaration** | Whakapuakanga  
Tangata Haere ki  
Aotearoa



“Hi parents, if you are looking for high quality care with an epic fun filled Holiday Programme for your child/ren during the School Holidays, Massey Kids Club have spaces available for you. Our Summer Holiday Programme is now open and ready for bookings. Please get in touch with me by emailing [manager@masseykidsclub.ac.nz](mailto:manager@masseykidsclub.ac.nz) to enquire/enroll. We also have spaces available in our After School Programme during the School Terms. I look forward to hearing from you.”



NEW ZEALAND  
Specialised  
Coatings Ltd



## MANAWATU TOUGH KID® CHALLENGE

**FRIDAY 21 MARCH 2025**

Hosted by Mt Biggs School in partnership with Sport Manawatu.

A fun, challenging obstacle course for primary (year 3-6) and intermediate (year 7 & 8) school kids. Join us for a fun participation friendly event.

The course is all off road and includes running with obstacles such as hay bales, cargo nets, tyres and water slide plus other fun obstacles!!

**Enter through your school**

**\$13 per entry**

**Pre order Lunch Packs \$7**

**Pre order Kids and Adult size T shirts \$25**

**Order when you register.**

**Registration opens February 2025**



Follow us on Facebook for updates, Mt Biggs School Manawatu Tough Kid

**Thank you to all our incredible sponsors!**



## Start your child's musical journey in 2025!

Saturday Music offers affordable, accessible music lessons for children in the Manawātū. Our classes include:

Cello, Choir, Clarinet, Drums, Flute, French Horn, Guitar, Ukulele, Junior Flute (Fife), Keyboard, Music Basics, Recorder, Saxophone, Trombone, Trumpet and Violin

**\$150 per enrolment for 26 lessons!**  
Enrol on our website before Nov 30 for a \$10 discount.

[www.saturdaymusic.org.nz](http://www.saturdaymusic.org.nz)  
[contact@saturdaymusic.org.nz](mailto:contact@saturdaymusic.org.nz)



# I Tri'd the Tri Series

## KIDS TRIATHLON

For Kids 4-12 Years



Manawatu & TRC  
Toyota



Register at  
[www.triclub.co.nz](http://www.triclub.co.nz)

# Wild Things

## Summer Holiday Programme

### Jan 20-24th 2025

#### Nature Connection for 7-11 yrs

9am - 3pm  
\$350 OR  
\$70/day

**WILD**  
NATURE SCHOOL

hello@wildnatureschool.nz

LIMITED PLACES AVAILABLE

## SUMMER READING

### 2024-25

WHAT

# T A L E S

WILL YOU READ THIS SUMMER?

SUMMER READING FOR AGES 4-10  
IREAD FOR AGES 11-13  
LANGUAGE OPTIONS AVAILABLE

NOV  
25

9AM  
REGISTRATIONS  
OPEN

DEC  
02

PROGRAMME  
STARTS

JAN  
23

PROGRAMME  
FINISHES

To Register

VISIT [WWW.CITYLIBRARY.PNCC.GOVT.NZ](http://WWW.CITYLIBRARY.PNCC.GOVT.NZ) OR SIGN INTO BEANSTACK  
<http://palmerstonnorthcitylibrary.beanstack.org>

# WANT TO PLAY CRICKET?

\$20 per term

## SMASH CRICKET

MON - PALMY NORTH  
TUE - ASHURST  
WED - FEILDING & P N  
THU - DVIRKE & PAHIATUA  
FRI - FEILDING

ARE YOU AGED 5-10?

For more info scan QR code



- Learn coding languages online with help from expert live tutors.
- Ages 9 to 10, 11 & 12, 13 to 15, 16+
- 1 hour online at either 4pm, 5pm or 6pm. Sessions available between Jan 6 & Feb 9 2025.

Sign up for free at  
[codingnz.com/freeactivity](https://codingnz.com/freeactivity)

**JOIN OUR  
GIRLGUIDING  
COMMUNITY**

Tuesdays 6:30pm to 8pm

Come join the fun at Tuahine Guides!!  
As a unit we enjoy being outdoors, cookings, crafts and exploring new places within our community !!

If you are aged 9 to 13 we would love to welcome you along to give guides a go and join our family at Tuahine guides.  
Please reach out to [angelini.bre@hotmail.com](mailto:angelini.bre@hotmail.com) for more information 😊

# Information about whooping cough (pertussis)

**Whooping cough (pertussis) is a highly infectious disease that is spread by coughing and sneezing. It can be very serious for babies and children, especially those under one year of age.**

If you or your child has whooping cough symptoms get help. Contact your doctor or practice nurse, or call Healthline for free anytime on 0800 611 116.



## Signs and symptoms – what you can see and feel

Whooping cough symptoms include:



Cough



Fever



Runny nose

The cough turns into long coughing attacks and these can last for several weeks. In young children, the coughing attacks often end with a 'whoop' sound when the child breathes in. The child may also be sick or gag as a result of the coughing.

Whooping cough is spread by coughing and sneezing. You can pass it on to others from the week before your cough starts up until three weeks after. Antibiotics can reduce the amount of time you are infectious.



## How to protect yourself and your child against whooping cough

Vaccination is the best way to protect against whooping cough. In New Zealand the vaccine is free for:

- Children and young people aged under 18
- Pregnant women
- Some groups at higher risk of becoming very unwell if they catch whooping cough
- Adults aged 45 and over if they previously missed any routine immunisation doses or boosters
- Adults aged 65 and over

Babies should be given the whooping cough vaccine at six weeks, three months and five months old, as part of the Immunisation Schedule. Boosters are also given to children at four and 11 years old.

If you or your child have missed out on getting the whooping cough vaccine you should speak to your healthcare provider about catching up.



## Seeking medical advice

**If someone in your family has had a cough that ends with a whoop or vomiting, or that has lasted for two weeks or more, contact your doctor or nurse for advice. You can also call Healthline for free anytime on 0800 611 116.**

**If you or your child has difficulty breathing you should get emergency medical help. Call 111.**



## What happens if you catch whooping cough

**Whooping cough spreads very easily so people with the disease are required to stay home to reduce the risk of passing it on to others.**

People are required to stay home for up to three weeks from when their coughing started. If they take antibiotic treatments this time will reduce to two - five days.

Staying home means you need to stay away from other people while you are infectious. You should avoid places such as day care, school, work or anywhere you could risk passing on the disease to others.

If you have whooping cough you can reduce the risk of passing on the disease while you are infectious by:

- Staying away from others, including people you live with where possible
- Wearing a face mask when around other people or indoors
- Coughing into your elbow and sneezing into a tissue
- Regularly washing your hands

If there are people in your whānau at higher risk of becoming very unwell from whooping cough, then everyone you live may be provided with antibiotics.



## How to keep your baby safe against whooping cough

**Young children – especially babies under a year old – can become very ill and even die from whooping cough.**

**The best protection against whooping cough is for you and others in your whānau to be vaccinated.**

**You and other people who care for your baby should check with a doctor about getting vaccinated.**

You can also reduce the risk of your baby catching whooping cough by:

- Keeping your baby away from people with a runny nose, coughing, or sneezing
- Asking people who are ill not to visit if you have young children
- Encouraging others in your whānau to get vaccinated
- Encouraging people who come into contact with your baby to cough into their elbow and sneeze into a tissue; and regularly wash their hands and practice good hygiene



## If you're pregnant or planning a child

Whooping cough in newborn babies can be life-threatening, but it can also be prevented.

Pregnant women can be vaccinated from week 16 of their pregnancy to protect themselves and their child against whooping cough.

This vaccine helps the mother build up their immune system against whooping cough, and this protection is also passed on to the child while they are in their womb. New-born babies should still receive the vaccine at six weeks, three months, and five months old as well.

**If you're pregnant or planning a child talk to your midwife about immunisation against whooping cough.**



For more information visit:  
[www.arphs.nz/whooping-cough](http://www.arphs.nz/whooping-cough)

Levin Little Theatre Centrestage Presents



# Alice in Cuckoo Land

Written by Peter Nuttall Directed by Krystal Connell

29th Nov - 14th Dec 2024

Fri 29th & Sat 30th Nov - 7pm  
Sun 1st Dec - 2pm  
Fri 6th & Sat 7th Dec - 7pm  
Sun 8th Dec - 2pm  
Fri 13th & Sat 14th Dec - 7pm

### Tickets

Youth - \$17  
Adults - \$30  
Seniors (65+) - \$25  
Family of Four - \$75  
Family of Five - \$83

### Mad Hatters High Tea

Mad Hatters High Tea - From \$20

### Crazy Hat Competition!

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Time For a Chance to Win a Prize

Tickets on Sale Online Now: [www.trybooking.com/nz/TXZ](http://www.trybooking.com/nz/TXZ)

Levin Little Theatre  
By arrangement with Lazy Bee Scripts



## Term 1 Registrations Open Now!

Starting, Sunday 9th February 2025  
\* No sessions on public holiday weekends

### Sunday Sessions

Yrs 1/2 **mini** 9am - 9:45am  
Yrs 3/4 **junior** 10am - 11am  
Yrs 5/6 **pro** 11.15am - 12:45pm  
Yrs 7-10 **all star** 1pm - 2:30pm

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